



AUGUST

NAMI Dubuque Program Center

Open Peer Support Hours (or by appointment)

Wednesdays: Family Support-9am-11am / Peer Support-3pm-6pm

Thursdays: Peer Support-2pm-6pm

SUN.	MON.	TUES.	WEDNESDAY	THURSDAY	FRI.	SAT.
			**Program Registration: https://www.namidubuque.org/general	1 2:00 Open Support 4:00 Art/Creative Activity 6:00 All Pathways Recovery Support Group		3 Epworth Town & Country Event
	5	6 Family Support Group @6:00	7 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #5 6:00 Connection Peer Support Group	8 2:00 Open Support 4:00 Art/Creative Activity 6:00 Veterans Support Group		10 *10am-Women's Group **10am-Families Anonymous
	12	13	14 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #6 5:00 Eating Disorder Support- Online- Please Inquire 6:00 Suicide Bereavement Support 6:00 Men's Brain Health Support Group	15 2:00 Open Support 4:00 Plan,Shop,Save,Cook Nutrition Program, Class #1 PLEASE REGISTER 6:00 All Pathways Recovery Support Group		17 Cascade Parade & Event
	19	20 Family Support Group @6:00	21 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #7 6:00 Connection Peer Support Group	22 2:00 Open Support 4:00 Plan,Shop,Save,Cook Nutrition Program, Class #2 6:00 Veterans Support Group		24
	26	27	28 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #8 6:00 Men's Brain Health Support Group	29 2:00 Open Support 4:00 Plan,Shop,Save,Cook Nutrition Program, Class #3		31