


JULY

NAMI Dubuque Program Center

Open Peer Support Hours (or by appointment)

Wednesdays: Family Support-9am-11am / Peer Support-3pm-6pm

Thursdays: Peer Support-2pm-6pm

SUN.	MON.	TUES.	WEDNESDAY	THURSDAY	FRI.	SAT.
	1	2 Family Support Group @6:00	3 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 6:00 Connection Peer Support Group	4  Program Center Closed Happy Fourth of July!!!		6
	8	9	10 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #1 Please REGISTER 6:00 Suicide Bereavement Support 6:00 Men's Brain Health Support Group	11 2:00 Open Support 4:00 Art/Creative Activity 6:00 Veterans Support Group		13 10am-Women's 21+ Support Group
	15	16 Family Support Group @6:00	17 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #2 6:00 Connection Peer Support Group	18 2:00 Open Support 4:00 Art/Creative Activity 6:00 All Pathways Recovery Support Group		20
	22 Visit NAMI at the Dbq. County Fair!! 7/23-7/28	23	24 *9am-11am:OpenFamily/Caregiver Support 3:00 Open Support 4:00 WRAP for Addiction Class #3 6:00 Men's Brain Health Support Group	25 2:00 Open Support 4:00 Art/Creative Activity 6:00 Veterans Support Group		27
			31 *9am-11am:OpenFamily/Caregiver Support 4:00 WRAP for Addiction Class #4	REGISTER for WRAP! https://www.namidubuque.org/general Questions? namidubuque.org 563-557-6264		